



	MON	TUE	WED	THU	FRI
8:45 AM	Ripped Gym		Zumba Gym		PiYO Gym
7:30 PM		PiYO Meeting Room		AMP Gym	

Group Fitness

Beginning Oct 24th

Runs 8 weeks (until Dec 16th)

There will be no classes November 24th & 25th

- Ripped & Zumba classes: \$8 resident/ \$16 non-res
- AMP & PiYO classes: \$7 resident/ \$14 non-res
- Seniors are free

Pre-registration is encouraged. Classes will be taught on pre-registration demand.

Riverdale Community Center: 4360 S. Parker Dr, Riverdale

Riverdalecity.com

801-621-6084

