

New Year, Fitness New You: Party *Aero-ba-thon*

saturday
January 6th 2018

9am-11am

Classes start at 9am and go every 20 Minutes
in the Community Center Gym



FREE EVENT!!

**No pre-registration
required!!**

**However, if you do
pre-register, you will be put
into a drawing for prizes!**

**This party offers a chance to experience all of the Group Fitness
classes we offer and meet all of our awesome Instructors!**

**We have some exercise equipment available, but if you have
any fitness/yoga mats, please bring them for yourself to use.**



Riverdale Community Center
4360 S Parker Drive
801-621-6084

