	Monday-23		Tuesday-24		Wednesday-25		Thursday-26		Friday-27		Saturday-28	
	East	West	East	West	East		East	West	East	West	East	West
6:00 AM	Open		Open		Open		Open		Open		Open	
6:30 AM												
7:00 AM												
7:30 AM												
8:00 AM	B											
8:30 AM	Total Body		Core on the Floor		Total Body				Turbo Kick			
9:00 AM												
9:30 AM												
10:00 AM	Open Pickleball		Open Pickleball		Open Pickleball		Open Pickleball		Open Pickleball			
10:30 AM												
11:00 AM												
11:30 AM												
12:00 PM												
12:30 PM												
1:00 PM					Two Man Carry							
1:30 PM												
2:00 PM									Open			
2:30 PM												
3:00 PM	Two Man Carry		Two Man Carry				Two Man Carry					
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM			Start Smart				Start Smart					
5:30 PM												
6:00 PM												
6:30 PM												
7:00 PM												
7:30 PM												
8:00 PM												
8:30 PM												