



### MAYOR'S CORNER

#### Participating in the U.S. Census

Every ten years the Census Bureau undertakes the count of every person residing in the United States, as mandated by Article 1, Section 2 of the U.S. Constitution. The last time we had a census in 2000, 72 percent of occupied households mailed back their forms nationally. We did better in Utah but it still was not what it should be and because of this we did not get our 4<sup>th</sup> congressional seat. This count is also where we get our Federal funding allocations. We can and should do better this time and we can be part of that improvement. The questionnaires should go out between the 15<sup>th</sup> and 17<sup>th</sup> of March, and needs to be mailed back by April 15<sup>th</sup>. I encourage all residents of Riverdale to fill out the 10 question survey and send it in as soon as you get it.



#### City Emergency Plan

In a recent City Council meeting a couple of citizens made a statement that our city did not have an emergency plan in place. The statement was well meaning, in that they are concerned with how the city interacts with the local churches, civic groups, and private individuals. I applaud their involvement and will make sure that we continue to foster that kind of public input. The fact is, we have a very well thought out and comprehensive plan in place that was developed over 10 years ago from the things we felt could have been done better during our flood. The current plan is posted on our city website. The plan has also gone through several revisions and the latest will soon be presented to the City Council for review and approval. In our previous newsletter we started and will continue to give monthly tips from things we have in our plan and other ideas we feel will be helpful to everyone in case of emergencies.

There are at least three facets that are part of emergency planning: city planning, personal preparedness, and the interaction between the two. I believe we can and should do a better job of education. We currently have more than 80 CERT trained citizens and more that will be trained at the next opportunity. They will take the lead in their neighborhoods in an emergency. We will continue to strive to improve the coordination between city emergency personal, CERT leaders, and local organizations that will be most involved in any type of emergency event.

Thanks to all of you, for what you do to make our city great.

Bruce Burrows, Mayor

### EMERGENCY PREPAREDNESS AND HEALTH FAIR

Please come attend a fun and educational experience at the annual Emergency Preparedness and Health Fair. The event will be held on March 25<sup>th</sup> from 5:00 p.m. to 8:00 p.m. at the Riverdale Community Center, 4360 S. Parker Drive.



Local organizers, led by LuAnn Farr, have worked hard to provide a comprehensive evening of emergency preparedness and health information. There will be a variety of booths showcasing emergency preparedness products (some will be available for purchase) as well as health information. Free cholesterol and glucose testing will be provided by the Ogden Clinic.

A variety of seminars will be presented throughout the evening including:

- Survival techniques by Zak Baker survival expert and founder of befoundalive.com
- Gardening tips by David Gibby
- Water purification techniques
- How to can butter

Seminar times will be posted on the city website, [www.riverdalecity.com](http://www.riverdalecity.com), as the event draws near.

There will be something for everyone including a clown for the children! This will be a great educational event for the entire family.

### COMMUNITY BLOOD DRIVE



**American  
Red Cross**

In conjunction with the Emergency Preparedness and Health Fair, there will be a community blood drive by the American Red Cross beginning at 3:00 p.m. at the Community Center.

### EASTER EGG HUNT

Plan now to bring your children to the Riverdale City Easter Egg Hunt on Saturday, April 3<sup>rd</sup> at 10:00 a.m. sharp! It will be held at the Riverdale Park, 4300 South Parker Drive. Kids ages 18 months to 10 years old are invited to come have fun and have a chance to find a special gold egg and win a prize. Please make sure your children are at the park and in place before the 10:00 a.m. start time. If you have any questions please call the Community Center at 801-621-6084. The hunt is sponsored by the Riverdale Youth Council.



### RITTER DRIVE INFORMATION

For the most up to date information about Ritter Drive, please visit the city website at [www.riverdalecity.com](http://www.riverdalecity.com).

## NEWS BRIEFS

### SPRING CLEANUP SCHEDULED

Our spring cleanup has been scheduled for April 17<sup>th</sup>. As with the previous cleanups, dumpsters will be placed at three locations around the city. More details will be published in our April newsletter and at [www.riverdalecity.com](http://www.riverdalecity.com).



### CERT TRAINING

The next CERT training class for Riverdale City will be held April 8<sup>th</sup> – May 20<sup>th</sup>, 6:30—9:00 pm., at the Riverdale Fire Station. The course manual and supplies will be provided for Riverdale City residents. For questions or to register, contact Tamara Chase, Riverdale CERT Coordinator, at 801-393-6612.

### VETERANS MEMORIAL

Riverdale City continues to gather names of any residents who have served in the military for our proposed Veterans Memorial. Forms to submit names are available at city buildings. Names can also be submitted on the city website.



### CENSUS 2010 JOB OPENINGS

The Census 2010 is hiring for various positions in our area. To find out more, call 801-917-3710 or visit [www.census.gov](http://www.census.gov).

### HIGH SCHOOL PLAY

Bonneville High School Performing Arts Department presents 'Les Miserables' March 19<sup>th</sup>—29<sup>th</sup>. Call 801-452-4081 to reserve your tickets today.

### EMPLOYEE SPOTLIGHT

*A feature spotlighting the employees of Riverdale City*

#### Marilyn Banasky

Marilyn Banasky is our City Recorder. Her duties include preparing packets for city meetings, taking meeting minutes, and business licensing. She has been with the city for four years. What Marilyn enjoys most about her job is being part of the daily operations of the city and the people she works with.



Marilyn has four children and six grandchildren. When not at work, Marilyn enjoys spending time working on the farm with her husband Scott.

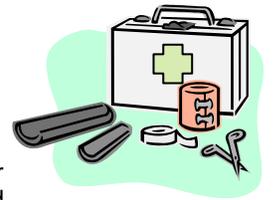
Thanks Marilyn for the great job you do!

## EMERGENCY PREPAREDNESS

### 72 HOUR KITS

From Fire Chief Douglas Illum

After a major disaster, the usual services we take for granted, such as running water, refrigeration, and telephones, may be unavailable. We recommend that you should be prepared to be self-sufficient for at least three days. Store your household disaster kit in an easily accessible location. Put contents in a large, watertight container (e.g. a large plastic garbage can with a lid and wheels) that you can move easily.



Your basic emergency kit should include:

- Water – one gallon per person per day
- Food – ready to eat or requiring minimal water
- Manual can opener and cooking supplies
- Plates, utensils and feeding supplies
- First Aid kit & instructions
- A copy of important documents & phone numbers
- Warm clothes and rain gear
- Heavy work gloves
- Disposable camera
- Unscented liquid household bleach and an eyedropper for water purification
- Personal hygiene items including toilet paper, feminine supplies, hand sanitizer and soap
- Plastic sheeting, duct tape and utility knife for covering broken windows
- Tools such as a crowbar, hammer & nails, staple gun, adjustable wrench and bungee cords
- Blanket or sleeping bag
- Large heavy duty plastic bags and a plastic bucket for waste and sanitation

Any special-needs items for children, seniors or people with disabilities. Don't forget water and supplies for your pets.

You can purchase these products at local stores. Remember you must plan on being self-sufficient for 72 hours or longer. The more basic you keep your kit the better off you will be. Next month we will print part two of the 72 hour kit.

## RECREATION NEWS

### BASEBALL & SOFTBALL REGISTRATIONS

It's time to plan for baseball and softball season! All registrations will take place from March 1<sup>st</sup> to March 27<sup>th</sup> at the Community Center, 4360 Parker Drive. Cost is \$25 for coach pitch and girls softball and \$35 for boys baseball. A \$10 late fee will be imposed after March 27<sup>th</sup>. The registration form can be printed from the city website. The following leagues are open:

**Coach Pitch** for boys and girls Kindergarten through 2<sup>nd</sup> grades.

**Girls Softball** for girls 3<sup>rd</sup> to 9<sup>th</sup> grades.

**Boys Baseball** for boys 3<sup>rd</sup> - 9<sup>th</sup> grades.

For more information call at 801-621-6084.



### START SMART BASEBALL

Our Start Smart Baseball program for children 5 and 6 years old starts on March 16<sup>th</sup>. We will be teaching them the basic skills of baseball. Class size is limited to 15 children per class. Cost will be \$25.00. Call 801-621-6084 for more information.



### INTRAMURALS

Two-Man-Carry begins March 29<sup>th</sup>. Get your kids involved in this fun game! Cost is only \$5.00. For information call 801-621-6084.

### SCRAPBOOKING DAY

The next scrapbooking day at the Community Center will be on March 13<sup>th</sup> from 10:00 a.m. to 11:00 p.m. Come join us! There is no charge to participate.

### ROY COMPLEX DISCOUNT OFFER

Discount passes to the Roy Complex can be purchased at the Riverdale Community Center, 4360 Parker Drive. For questions call 801-621-6084.

# RIVERDALE SENIOR NEWS

March 2010

## RIVERDALE SENIOR CENTER

4433 South 900 West, Riverdale, Utah 84405 801-621-6086

Open 8:00 a.m. to 4:00 p.m. Monday thru Friday  
(Closed on Saturdays, Sundays, and Holidays)

## LUNCH MENU

Lunch is served at noon weekdays for seniors age 55 and older for only \$2.50.



### March

- ✓ 1 - Tenderloin Chicken Breast
- ✓ 2 - Pork Tenderloin Steak
- ✓ 3 - Cod Fish
- ✓ 4 - Salisbury Steak
- ✓ 5 - Sliced Turkey
- ✓ 8 - Sweet N' Sour Chicken
- ✓ 9 - Baked Ham
- ✓ 10 - Turkey Steak
- ✓ 11 - Spaghetti & Meatballs
- ✓ 12 - Turkey Avocado Wrap
- ✓ 15 - Parmesan Chicken
- ✓ 16 - Navajo Tacos
- ✓ 17 - Corn Beef & Cabbage
- ✓ 18 - Baked Potato Bar
- ✓ 19 - Roast Pork
- ✓ 22 - Chicken Stir Fry
- ✓ 23 - Roast Beef
- ✓ 24 - Salmon
- ✓ 25 - Baked Chicken
- ✓ 26 - Beef Pot Pie
- ✓ 29 - Beef Enchiladas
- ✓ 30 - Fried Chicken
- ✓ 31 - Turkey Pot Roast

### FREE TAX HELP OFFERED FOR SENIORS

The AARP is offering free tax help for seniors at the Senior Center every Monday and Friday from 9:15 a.m.-2:00 p.m. through April 9<sup>th</sup>. To participate, please sign up at the Center.



### REQUEST FOR DONATIONS

We are now accepting donated items for our Yard Sale to be held Saturday, April 24<sup>th</sup>. It is a fundraiser to help support our senior programs.

### HUMANITARIAN PROJECTS AT THE SENIOR CENTER

Please join us for our Humanitarian Workdays on Mondays at 9:00 a.m. Our current project is diversion boxes for Pediatrics. Anyone that is interested in helping or donating items, please call Lois or Jan at 801-621-6086.

A big 'THANK YOU' goes to the River Printing Company for their donation of writing tablets and pens to be used in the pediatric boxes.

### SENIOR OF THE MONTH

Our March 'Senior of the Month' is Gayla Dye. Gayla teaches our Scrapbooking class. She is very talented, and has met many new friends volunteering at the center. Thank you Gayla for being 'Senior of the month,' and thank you for volunteering your time at the center.

### AARP DRIVER SAFETY CLASS OFFERED

The next AARP Drivers Safety Course will be held March 30<sup>th</sup> from 10:00 a.m.-3:00 p.m., with a 1 hour lunch. Cost is \$12 for AARP members (must have card with you) and \$14 for non-members.



### SENIOR CENTER NEWS BRIEFS

- **Do you like to Zumba?** We are looking at starting a Zumba dance/exercise class. If you are interested, call the Center at 801-621-6086.
- **New drawing and sketching class** will begin April 6<sup>th</sup> at 10:00 a.m. Please sign up at the Center.
- **Volunteer teachers needed** for porcelain doll class and craft class. If you can help, please talk to Mickie at the Center or call 801-621-6086.

## DAILY SCHEDULE AT THE CENTER

### Mondays

- 9:00 a.m. Wood carving class
- 9:00 a.m. Wii Fit
- 9:00 a.m. Humanitarian workday

### Tuesdays

- 8:00 a.m. Magic workout
- 9:00 a.m. Fly Tying / Fly Fishing
- 9:00 a.m. Beginning computer class
- 9:00 a.m. Beginning Yoga
- 9:30 a.m. Quilting Class (16<sup>th</sup>)
- 10:00 a.m. Microsoft Word class
- 10:00 a.m. Scrapbooking (9<sup>th</sup> & 23<sup>th</sup>)
- 10:00 a.m. Mahjong
- 12:30 p.m. Bingo

### Wednesdays

- 9:00 a.m. Ceramics
- 10:00 a.m. Photo scanning class
- 11:00 a.m. Basic Spanish class
- 12:30 p.m. Bunka
- 12:30 p.m. Lapidary/Silversmithing

### Thursdays

- 8:00 a.m. Magic workout
- 8:30 a.m. Internet class
- 9:00 a.m. Wii bowling
- 10:00 a.m. Creative writing class
- 12:30 p.m. Bridge
- 12:30 p.m. Texas Hold'em

### Fridays

- 10:00 a.m. Stained glass class

## UPCOMING EVENTS

- **March 9<sup>th</sup>** - \$5.00 Foot Clinic at 9:30 a.m.
- **March 18<sup>th</sup>** - ARC Physical Therapy presentation.
- **March 19<sup>th</sup>** - Crazy Hat Day to celebrate spring!
- **March 30<sup>th</sup>** - AARP Driver Safety Course, 10:00 a.m. - 3:00 p.m.
- **April 7<sup>th</sup>** - Blood pressure check at 11:00 a.m.

## 2010 Senior Board of Directors

- Chairman:** John Christensen
- Vice Chairwoman:** Jan Boulter
- Secretary:** Charlotte Loren
- Treasurer:** Lois Davis
- Historian:** Shirley Dermody
- Board member:** Tom Jachim
- Board member:** E.D. Gallegos
- Honorary Member:** Lewis Stephens
- City Council:** Norm Searle
- City Business Admin.:** Lynn Fortie
- Dir. of Comm. Serv.:** Jeannette Hall
- Center Coordinator:** Mickie Layton

## CITY CALENDAR

### March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Registrations Begin for Baseball & Softball	2 City Council Meeting* 6:00 p.m.	3 Garbage Day	4	5	6
7	8	9 Planning Commission* 6:30 p.m.	10 Garbage Day	11	12	13 Scrapbooking Day
14 Daylight Savings Time Begins	15	16 City Council / RDA Meeting* 6:00 p.m.	17 Garbage Day St. Patrick's Day	18	19	20
21	22	23 Planning Commission* 6:30 p.m.	24 Garbage Day	25 Emergency Preparedness Fair at the Community Center 5-8 pm	26	27 Last Day to Register for Baseball & Softball
28	29	30	31 Garbage Day	April 1	2	3 Easter Egg Hunt 10:00 am sharp at Riverdale Park

\*Agendas for the meetings are posted in the Civic Center foyer prior to the meetings and at our website, [www.riverdalecity.com](http://www.riverdalecity.com).

## RIVERDALE CITY DIRECTORY

### Mayor / City Council

Mayor Burrows 801-621-7979  
 Councilor Arnold 801-721-4255  
 Councilor Gibby 801-645-8639  
 Councilor Hunt 801-392-0037  
 Councilor Jenkins 801-394-7993  
 Councilor Searle 801-392-2122

### Civic Center

4600 South Weber River Drive  
 801-394-5541

### City Administrator

Larry Hansen 801-436-1233

### Department of Business Administration

4600 S. Weber River Drive 801-394-5541

### Community Center

4360 S. Parker Drive 801-621-6084

### Senior Center

4433 S. 900 W. 801-621-6086

### Justice Court

4600 S. Weber River Drive 801-394-9314

### Department of Community Development

4600 S. Weber River Drive 801-394-5541 x1240

### Department of Public Works / Utilities

4600 S. Weber River Drive 801-394-5541 x1201  
 After hours dispatch 801-629-8221

### Police Department

4580 South Weber River Drive  
 911 Emergencies  
 801-394-6616 Business Line  
 801-629-8221 Weber Dispatch  
 801-394-6616 Animal Control

### Fire Department

4334 South Parker Drive  
 911 Emergencies  
 801-394-7481 Business Line  
 801-629-8221 Weber Dispatch

**Riverdale City Offices**  
**4600 S. Weber River Dr.**  
**Riverdale, UT 84405**

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