



MAYOR'S CORNER

Something Good is Happening in Riverdale's Court!

Many residents may not be aware of the fact that Riverdale City has a Substance Abuse Court, (RSAC). I have been so moved by attending RSAC graduations that I would like to make you aware of its existence, how it came about, and some of the good that comes from the court.

Riverdale City Attorney Steve Brooks oversees the program and describes RSAC as "a unique misdemeanor drug court." There are only two other misdemeanor drug courts in the State of Utah. The purpose of the drug court is to help defendants overcome substance dependency through bi-monthly court appearances, random drug testing, weekly treatment classes, and supervised probation. RSAC was started in 2004 by Riverdale resident, Judge John Sandberg. Since its inception 138 defendants have been in the program with 86 successfully graduating. To graduate from RSAC you must have a minimum of 180 days clean from any alcohol or drugs, complete at least 30 weeks of treatment, and community service projects. The average time spent in the program is 14 months.

RSAC has been very successful in reducing the relapse rate to previous behavior among those that have completed the program. Ten percent have reoffended, while the rate of those that go through regular court sentencing and treatment, the relapse rate to previous behavior is at fifty percent. The drug court requires a significant amount of time, dedication, and accountability.

This program would never be possible if it wasn't for a very dedicated team of professionals including the Judge, Probation Officer, Treatment Provider, Police Officer, Prosecutor, and Public Defender. Together this program has changed many lives. The scientific community has put drug courts under a microscope and concluded that drug courts work better than jail or prison, better than probation and treatment alone. Drug courts significantly decrease drug/alcohol use and crime. They are more cost-effective than any other proven criminal justice strategy.

Recently I visited John Gallegos, a longtime Riverdale resident and one of the first graduates of RSAC. John told me that it took him 12 months to go through the program and he stuck around for another six months to help Riverdale's program get started. He has since worked as an interpreter to those going through the program and has attended nearly all of the RSAC

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NEW CITY ADMINISTRATOR

Longtime City Administrator Larry Hansen has retired. We offer Larry many thanks for his years of dedicated service to the City. The Mayor and City Council recently hired Rodger Worthen as our new City Administrator.



Rodger has been involved with local government for 17 years, primarily in urban planning, human resources, public works projects, park development, and most recently city administration. Before coming to Riverdale he had served as the City Administrator for Syracuse City and South Weber City.

In reflecting on his new position, Rodger expressed excitement to be part of the employee team here at Riverdale City and looks forward to working with residents and solving issues through teamwork with sound solutions and decision making.

Rodger is married and has three boys. He currently resides in Syracuse. He enjoys being involved in many family activities, especially outdoor recreation.

We welcome Rodger to Riverdale City and look forward to his leadership and guidance as he serves the City.

SPRING CLEANUP

Our Spring Cleanup has been scheduled for Saturday, April 26th. Roll off dumpsters will be placed at the following locations for residents to bring items for disposal.



- Riverdale Park 8:00 a.m. - 1:00 p.m.
- Golden Spike Park 8:00 a.m. - 1:00 p.m.
- 525 West 4800 South 9:00 a.m. - 12:00 p.m.

Two dumpsters will be at each area, one for green waste and one for other items. When unloading, please follow these steps:

- Tree limbs must be tied into bundles 6 feet long or less.
- Please bring enough help to unload quickly.
- Children must remain in vehicles for safety reasons.
- Items not accepted: tires, chemicals, paint, dirt, concrete, rocks, batteries, pesticides, drums, and hazardous waste.

Hazardous Waste Disposal

Hazardous waste is not accepted at the cleanup locations, but there are several options available to residents for disposal:

- **Les Schwab Tire:** 627 Riverdale Road, will accept used tires, batteries, and oil from Riverdale residents.
- **Weber County Transfer Station:** 867 W. Wilson Lane, household hazardous waste disposal every third Saturday of the month, April to Sept., from 8:00 a.m. to 1:00 p.m.

If you have any questions please call 801-394-5541 ext. 1201.

NEW PROGRAM HELPS RESIDENTS LIVE FIT

Improving your nutrition and physical activity will help you live longer, sleep better, reduce depression and anxiety and maintain a healthy body weight, but getting started can be hard. Live Fit Riverdale is the perfect opportunity for Riverdale residents to become healthier with the support of their neighbors and to stay motivated with the chance to win exciting prizes while experiencing the fitness options we have right here in the City.



The Live Fit Riverdale program includes:

- **Lectures.** Each week an expert will give a mini lecture on wellness topics like increasing motivation to make healthy changes, getting active, preventing disease and improving nutrition.
- **Fitness Activities.** Following the lecture, family friendly activities will take place throughout the city including a walk/run on the trail, Zumba, yoga, pickle ball, disc golf, a bike ride, kickball and volleyball.
- **Health Challenges.** Each participant will receive a challenge booklet to help them set weekly goals like limiting screen time, cutting out sugary drinks, eating fruits and vegetables, sleeping eight hours a night and drinking more water. Those who meet the challenges will be entered in a raffle for exciting prizes from local businesses.

The Live Fit Riverdale kickoff event will be Monday, April 14, 2014. Meet at the trail in front of the Civic Center, 4600 S. Weber River Drive at 6:00 p.m.

The free program will run from April 14th - May 19th with lectures and fitness activities taking place Monday nights from 6:00 - 7:00 p.m. Each participant will receive a T-Shirt, pedometer, free pass to Get Air Trampoline Park and The Front Climbing Gym and other weekly prizes. Families and individuals are encouraged to preregister online and view the full program schedule at www.riverdalecity.com.

EASTER EGG HUNT

Plan now to bring your children to the Riverdale City Easter Egg Hunt on Saturday, April 19th at 10:00 a.m. sharp! The event will be held at the Riverdale Park, 4200 South Parker Drive. Kids ages 18 months to 11 years old are invited to come join the fun!



Please be sure your children are at the park and in place before the 10:00 a.m. start time. If you have any questions please call the Riverdale Community Center at 801-621-6084. The hunt is sponsored by the Riverdale Youth City Council.

VETERANS MEMORIAL TILES

Tiles for the Veterans Memorial may be ordered at anytime, however, in order to have tiles mounted on the Veterans Memorial by Memorial Day, tile orders must be placed by April 15, 2014. This will allow time to order, ship and mount the tiles on the Memorial. You may obtain a Tile Order Form at the Riverdale Senior Center, 4433 South 900 West, or the City website, www.riverdalecity.com. If help is needed filling out the form, please contact the Senior Center at 801-621-6086 and they will direct you to someone who can assist you.



OPEN BURN SEASON

The State of Utah recently changed the process and open period for residential burning of leaves, small branches, grass clippings, and other vegetation. The open burn seasons are now March 30th to May 30th and September 15th to October 30th. Homeowners wishing to burn must complete an open burn permit application with the Utah Division of Air Quality. For details on the new open burn requirements please visit their website at www.airquality.utah.gov/Compliance/OpenBurning/index.htm.



RECREATION NEWS

BASEBALL DRAFT EVALUATIONS



Boys Baseball Draft Evaluations for those who registered to play baseball will be as follows:

- Minors (3rd/4th grade) – Monday, April 14th at 5:00 p.m. at Friendship Park, 655 E. 5500 S., South Ogden
- Majors (5th/6th grade) – Tuesday, April 15th at 5:00 p.m. at Friendship Park, 655 E. 5500 S., South Ogden

If weather is bad, the draft evaluations will be moved inside to South Ogden Jr. High Gym.

EXERCISE CLASSES



Zumba 80's Party

Everyone is invited to join the Zumba Fitness class on April 16th for a 80's Zumba Party. The fun begins at 7:45 p.m. in the Community Center gymnasium. The cost is \$1 for residents and \$2 for non-residents. There will be a prize drawing and a prize awarded for best dressed!

Exercise Class Schedule

The following exercise classes are offered at the Community Center:

- **Zumba:** Monday's and Wednesday's at 8:45 a.m. and 7:45 p.m. Zumba is a fun "fitness party" that blends upbeat music to easy-to-follow choreography.
- **R.I.P.P.E.D.:** Friday's at 8:45 a.m. This class focuses on resistance, intervals, power, plyometric's, endurance, and all over body toning and cardio.

All classes are \$1 for residents and \$2 for non-residents.

INTRAMURALS

Our next activity is called Pickleball. This is a fun game to play for all youth ages 8 to 18. Signups begin April 14th with classes beginning on April 21st. We can only accommodate 20 per class so sign up early. The cost is \$5.00 for residents. Sign up online or at the Community Center. For more information call 801-621-6084.

TABLE TENNIS NIGHT



Our next adult Table Tennis night for everyone 18 and older will be Wednesday, April 9th at 6:00 p.m. in the Community Center. The cost is \$1.00 for residents. Please come join us!

MAYOR'S CORNER (Continued)

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Graduations since 2004. John offers encouragement and support to those attending and a certificate to those graduating that he personally designed with the RSAC logo, the Serenity Prayer, and the words "Hang in There." John is proud to tell the recipients that he has been clean for 4,121 days (over 11 years) and still counting. John was also instrumental in coming up with the slogan: Remember Someone Always Cares (RSAC)!

We should all be very proud of John and the others who founded and run this life changing program and continue to work to make it successful.

Norm Searle, Mayor

Open for Business



Mayor Searle assists in cutting the ribbon for the Grand Opening of TitleMax located at 1140 W. Riverdale Road Suite F.

OLD GLORY DAYS PLANNING

The planning for our annual July 4th Old Glory Days celebration is now underway. The entry form for the morning parade is now available on the City website, www.riverdalecity.com.

If you would like to volunteer to help in this year's celebration please contact the Community Center at 801-621-6084.



Riverdale Road construction updates available at www.riverdalecity.com.

Follow us on:  

Follow the links on the City website!

SENIOR NEWS

RIVERDALE SENIOR CENTER

4433 South 900 West 801-621-6086

Open 8:00 a.m. to 4:00 p.m. Monday thru Friday.

Stop by the Senior Center for a daily schedule or go to www.riverdalecity.com.



SENIOR HEALTH FAIR

Join us at the Senior Center for a Senior Health Fair to be held on April 11th from 10:00 a.m. to 2:00 p.m. We invite all seniors to come and participate. This will be a great opportunity to meet with a variety of companies that offer education and health services to seniors.



SENIOR CENTER YARD SALE SCHEDULED

The Riverdale Senior Center will hold a yard sale on Saturday, May 17th from 8:00 a.m. to 3:00 p.m. at 4433 South 900 West. Proceeds go to support Senior Center programs. Everyone is welcome to come.



SENIOR CENTER FACEBOOK PAGE

Check out the Senior Center and all our latest events and activities on Facebook. Simply type in Riverdale Senior Center in the Facebook search bar.

LUNCH MENU

Lunch is served at noon weekdays for seniors 55 and older for \$2.50.

April

- 7 - Pork Tenderloin Steak
- 8 - Chicken Enchiladas
- 9 - Stuffed Peppers
- 10 - Unbreaded Chicken Breast
- 11 - Hot Dogs
- 14 - Country Fried Steak
- 15 - Ham
- 16 - Meatloaf
- 17 - Chicken Salad Sandwich
- 18 - Ground Beef Patty
- 21 - Spaghetti with Meat Sauce
- 22 - Turkey Croissant Sandwich
- 23 - Tuna Noodle Casserole
- 24 - Fried Chicken
- 25 - Battered Cod
- 28 - Swiss Steak
- 29 - Turkey Sub
- 30 - Malibu Chicken

May

- 1 - Ham
- 2 - Teriyaki Chicken
- 5 - Beef Stroganoff over Noodles
- 6 - Chicken Tenders
- 7 - Spaghetti with Meatballs
- 8 - Tater Tot Casserole
- 9 - Country Fried Steak

SENIOR CENTER NEWS BRIEFS

- **Our Senior of the Month** is Linda Pfaff. Stop by the Center dining room to learn more about her.
- **Call for players** for Mahjong held on Tuesdays at 10:00 a.m. and Bridge held on Tuesdays and Thursdays at 12:30 p.m.
- **Volunteer needed** to teach our fly tying class. If interested contact Shawn at 801-621-6086.
- **Changes to lunch:** All take outs will be served after dining meals are served.

UPCOMING EVENTS

- **April 10th** - Foot Clinic at 9:30 a.m. The cost is \$10.
- **April 11th & 25th** - Caregiver support from 1:00 - 3:30 p.m.
- **April 18th** - Ensure pick up.
- **April 23rd** - Grief support group meeting at 10:30 a.m.
- **May 7th** - Blood pressure check at 11:00 a.m.
- **May 8th** - Foot Clinic at 9:30 a.m. The cost is \$10.

RIVERDALE CITY DIRECTORY

Mayor / City Council

Mayor Searle 801-392-2122
 Councilor Ellis 801-394-8936
 Councilor Griffiths 801-393-0183
 Councilor Hunt 801-392-0037
 Councilor Mitchell 801-627-2321
 Councilor Staten 801-627-8822

Civic Center

4600 South Weber River Drive
 801-394-5541

City Administrator

Rodger Worthen 801-436-1233

Department of Business Administration

4600 S. Weber River Drive 801-394-5541

Community Center

4360 S. Parker Drive 801-621-6084

Senior Center

4433 S. 900 W. 801-621-6086

Justice Court

4600 S. Weber River Drive 801-394-9314

Department of Community Development

4600 S. Weber River Drive 801-394-5541 x1215

Department of Public Works / Utilities

4600 S. Weber River Drive 801-394-5541 x1201
 After hours dispatch 801-629-8221

Police Department

4580 South Weber River Drive
 911 Emergencies
 801-394-6616 Business Line
 801-629-8221 Weber Dispatch
 801-394-6616 Animal Control

Fire Department

4334 South Parker Drive
 911 Emergencies
 801-394-7481 Business Line
 801-629-8221 Weber Dispatch

Riverdale City Offices
4600 S. Weber River Dr.
Riverdale, UT 84405

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CITY CALENDAR

April / May 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 April	7	8 Planning Commission* 6:30 p.m.	9 Garbage Day Red Recycle Day Table Tennis Night	10	11 Senior Health Fair at the Senior Center 10:00 a.m. - 2:00 p.m.	12 Scrapbooking Day at the Community Center
13	14 Live Fit Riverdale 6:00 p.m. at the Civic Center	15 City Council / RDA Meeting* 6:00 p.m.	16 Garbage Day Blue Recycle Day Zumba 80's Party	17	18	19 Easter Egg Hunt 10:00 a.m. Sharp
20 Easter	21 Live Fit Riverdale 6:00 p.m. at the Community Center	22 Planning Commission* 6:30 p.m.	23 Garbage Day Red Recycle Day	24	25	26 Spring Cleanup
27	28 Live Fit Riverdale 6:00 p.m. at the Community Center	29	30 Garbage Day Blue Recycle Day	1 May	2	3
4	5 Live Fit Riverdale 6:00 p.m. at the Civic Center	6 City Council Meeting* 6:00 p.m.	7 Garbage Day Red Recycle Day	8	9	10 Scrapbooking Day at the Community Center

*Agendas for the meetings are posted in the Civic Center foyer prior to the meetings and on our website, www.riverdalecity.com.